**Appendix H**

**COVID-19 First Aid Box**

**Contents list kindly provided by Ashenground Community Centre, Sussex**

* Face mask (covering) & pair of plastic gloves x 2 – each set in a plastic bag (for responder and patient)
* Plastic face shield – for the responder
* Pocket pack of tissues
* Hand soap in pump dispenser
* Small hand sanitiser gel
* Disposable apron e.g. plastic sleeveless or cheap overalls
* Small packet anti-bacterial wipes
* Rubbish bags x 2 (so disposables can be double-bagged). The outer one marked e.g. “Covid waste”.
* Washing up bowl for handwashing

A plastic chair has been placed in the isolation space with a notice above.

Laminated instructions for how to respond are attached to the box and a laminated copy of this sheet is in the box.

All hall users are made aware of this box when they first use the facilities.

**Covid-19 treatment plan**

In the event of someone becoming unwell with suspected Covid-19 symptoms while at the hall you should:-

a) Send them home immediately

b) Ask other members of your group to provide their contact details if you do not have them

c) Ask the rest of your group to leave the premises, observing the usual hand sanitising and social distancing precautions

d) Advise them to launder their clothes when they arrive home

e) Inform *insert name and contact number*

f) If the unwell person needs to wait for a lift:-

(1) Remove them to the safe waiting area, which is *insert details* – a chair and washing bowl should already be there

(2) Put on a mask, face shield, gloves & apron to protect yourself

(3) Provide them with tissues, a plastic rubbish bag, a bowl of warm water & soap for handwashing & paper towels

(4) Once they have been collected:-

1. Remove gloves, apron and face mask to the rubbish bag\*

2. Leave face shield on top for disinfection

3. Wash your hands for at least 20 seconds with warm soapy water

4. Wait for *insert responsible vhc member* to arrive.

5. Once home - launder all your clothes and wipe down disinfect your car

\*Note that the waste should be double bagged and kept for 72 hours before being collected.